



Get Ready, Do, Done at Bell-Graham

Third, fourth and fifth graders at Bell-Graham recently practiced applying the Get Ready, Do, Done strategy. First and second graders will be introduced to this helpful strategy this spring.

What is Get Ready, Do, Done?

Get Ready, Do, Done is an executive function strategy designed to help students break down multi-step tasks into smaller, more manageable steps. Created by speech-language pathologist Sarah Ward, this strategy can help students at both home and school. Students started by working through the steps of an activity of daily living

(packing a lunch) and will be applying this strategy during academic tasks in their classrooms.

What are the steps?

- Always start with “Done”! Students must be able to visualize what the finished product will look like before they can be successful.
- Get Ready – Once the end product is in mind, decide what materials are needed.
- Do – What actions or steps need to be taken to complete this task?

What can I do to help my child use this at home?

Prompt your child to visualize “done” during daily tasks. Morning routines, homework, chores, sports are all great times to use this strategy. If they can visualize the end product the steps will come more naturally.